4: Gough E-5 (1947-1949, 1952)1958 AWll Kerala AWll
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Third, the ghost cult obviously provides one explanation for the cause of misfortunes, and offers a course of action whereby these may supposedly be allayed. Further, the *taravād's* collective responsibility for its misfortunes in a sense makes the ghosts a common threat to its members, for all may suffer from their anger. The ghost cult thus enhances the sense of unity and common destiny of *taravād* members.

Psychological analysis. The problem of the circumstances under which cults of punitive ancestors arise does not seem to have been solved in culture and personality writing. Freud[8] derived all forms of fear of, and taboos relating to, the dead, from ambivalence felt to these kinsfolk during life. Mead[9] in 1930 granted a probable universality of ambivalence to the dead, but pointed out that whereas Western Europeans tend to emphasize affection and grief toward the dead and to suppress hostility, some societies give ceremonial emphasis to the hostility and suppress the expression of affection and grief. Others appear to permit an equal expression of both hostility and grief, and Mead thought that personal conflicts relating to the dead may be almost eliminated when both attitudes find ceremonial expression. She argued that the choice of which attitude should be uppermost in ceremonial expression was "a function of the civilization in which the individual lives," but did not at that time attempt to relate attitudes to the dead to specific types of relationships with the living.

Opler,[10] in an analysis of Chiracahua and Mescalero Apache usages relating to the dead, has shown that these exhibit mixed feelings of grief and hostility, and has derived these from ambivalence to living relatives engendered in the matrilocal extended family. But Opler's analysis, convincing though it is, leaves us again with the problem that probably all social relations, and especially all kinship relations, are to some extent ambivalent. Why then do some societies express ambivalence in mixed attitudes to the dead, others in predominantly hostile attitudes with the benevolent aspects suppressed, and still others in predominantly benevolent attitudes with the hostile aspects suppressed? A more intricate analysis of types of ambivalence is required. Attempts in this direction have been made by a number of recent writers, notably Kardiner, Fortes, Roheim, Hsu, Mead in later writings, and Whiting and Child[11] in a cross cultural survey of beliefs about evil spirits and demons. Building on the theories of these writers, I shall try to find meaningful connections between Nāyar attitudes to lineage ghosts and their attitudes to living matrilineal kinsfolk of the preceding generation.

Nāyar lineage ghosts are oriented toward the living. Although Nāyars state that good spirits go to a heaven of sensual pleasures and bad spirits to a hell of physical torture, they do not elaborate this belief or refer to it in connection with the cult of lineage ghosts. They believe that their forebears were sorry to die and are envious of the living. The forebears retain affection for their lands and houses and continue to be interested in tangible good things, particularly in food and drink. These attitudes appear to form part of a general this-worldly attitude among traditional Nāyars. As a caste, their chief interests have been in land and houses, political power, and military exploits. They are not ritual specialists. Most Nāyar men and many women were traditionally literate in Malayālam. Malayālam poems, dramas, and translations based on the great epics, the *puraṇas* and the *Bhāgavad Gītā*, brought the content of much Sanskrit literature to them in a comprehensible form. Nevertheless, comparatively few Nāyars were philosophers or scholars. Among the great majority, ascetic practices were oriented chiefly toward averting misfortunes in this life rather than to accumulating religious merit against the life to come.

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dons his mask and becomes possessed by his *teyyam*, he may adopt an authoritative or aggressive attitude to his Nāyar hosts, demanding gifts or threatening them with misfortune before conferring his blessing. He may not, of course, physically attack the Nāyars. Indeed, he is, while possessed, likely to solicit admiration by inflicting physical suffering on himself, usually by burning himself with torches or rolling in the red hot ashes of a fire. After the oracular pronouncements, having doffed his mask, the officiant again becomes the servant of the *taravād* and humbly accepts his fee. For the low caste officiant, therefore, these festivals permit a limited, stylized expression of aggression and a temporary assumption of authority toward their high caste masters. At the same time, the festivals underline both the need for interdependence between the castes, and ultimately, the lower castes' permanent, secular role as submissive servants.

Functions of the cults of alien ghosts. My discussion of alien ghost institutions in the general context of Nāyar handling of aggression has necessarily pointed to some of their social and psychic functions. These may, it seems, be summarized as follows. First, the cults permitted, in a harmless manner, the handling of aggression which arose in relations between castes. Second, whether or not witchcraft or sorcery were actually practiced, the belief that those whom he wrongfully harassed could arm themselves with these ritual weapons must have acted as a deterrent to the Nāyar authority who was tempted to oppress low caste subordinates, or to favor his affines at the expense of his matrilineal juniors. Through witchcraft and sorcery, alien ghosts, therefore, might help to prevent injustices which could not readily be brought before a secular authority.

Third, these institutions brought together in ritual cooperation the very categories of persons whose mutual ambivalence provided the ultimate motive force for the institutions themselves. In the case of witchcraft and sorcery, there existed a complicated interplay of hostilities and alliances which, over time, balanced each other. All Nāyars feared the harmful supernatural power of the lower castes, and this gave unity to their caste. In a particular instance, however, a Nāyar who believed himself attacked by an individual low caste practitioner, or by another Nāyar with the help of such a practitioner, could obtain relief only by engaging the ritual assistance of some other officiant from one of the suspected castes. In the case of the cults of alien ghosts institutionally attached to his *taravād* and his village temple, it seems that the Nāyar's generalized fear of and hostility to outgroups was turned outside the area of human relations and focussed upon supernatural agents feared by all. But again, only willing and friendly ritual cooperation with lower caste officiants could ward off supernatural attacks from the whole community, including the Nāyars.

It seems probable to me that one of the most important functions of all religious ritual, if not the important, is this resolution of conflict within individuals and within groups. The manner in which this is achieved varies greatly. The rituals of rebellion[35] and the initiation rites[36] analyzed by Gluckman, for example, on the surface bear little resemblance to Nāyar cults of the dead. But as Gluckman has shown, their broad social functions are the same. Institutionalized religious ritual, like the private rites of obsessional neurotics, permits to the individual a disguised expression of his aggression, while at the same time reassuring him that his control over the direct physical expression of aggression is unimpaired. But institutionalized ritual does far more than this. It has not only temporary therapeutic value for the individual, but is also interwoven

796 come to pay their vows for some good done them by her.
782 Obscenities which need not be described were done—these chiefly by people of very low caste let it be said—by people who felt that neither gesture in the dance nor word could be gross enough to express the violence of their feelings. Yet these people, men and women, rolled, or were rolled, for they soon become unconscious, many times round the temple, their arms stretched towards it, their hair, their clothes (scanty enough) and persons generally thick with the dust. A piteous sight. And
796 there were to be seen men carrying over their heads an
782 ornamented wooden canopy, the whole (and no light
785 weight) held up, fastened to the person by the ends of the supports of the canopy, being stuck through the skin of the back and of the chest. Nothing resting on the shoulders or held in the hand. I saw a man who, to fulfil a vow to this goddess who was abused so vilely, had done this every year for over twenty years, and this year handed on performance of the painful vow to his son, a growing lad. The bearers of these canopies danced continuously as if trying to make the points in their flesh as hurtful as possible. So that, together with vituperation of the goddess, there was much veneration, and there is no hesitation in expressing this through bodily discomfort and pain.

796 Content for the present with this example from another part of the Presidency, we will return now to Kottiôr
[346] which I visited in November 1894. One sees a temple of Isvara, there called Perumâl (or Perumâl Iswara) by the people; a low thatched building forming a hollow square, in the centre of which was the shrine which, I was not
[793] permitted to see. There were some Nambûtiri priests who came out and entered into conversation. Their life far away in the forest must be a lonely one. The refreshment which they offered, butter-milk and sugar, was
[579] accepted thankfully. The Nambûtiris, very unsophisticated persons and much wrapped up in their personal sanctity, placed the milk and sugar on the ground, and invited us graciously to partake. A large piece of cocoanut which they threw to my dog was, strange to say, eaten greedily by the beast.

796 The festival is not held at the temple but in the forest
778 about quarter of a mile distant. This spot is deemed extremely sacred and dreadful. There was, however, no objection to myself and my companion visiting it: we were simply begged not to go. There were with us a

6:Fawcett G-5 (ca. 1900)1915
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Another pilgrim was a man wearing an oval band of silver over the lower portion of the forehead almost covering his eyes; his tongue outside his teeth, kept in position by a silver skewer through it. Had been fasting two years. Much under the influence of the god, and whacking incessantly at a drum in delirious excitement. The skewer was put in the day before, and was to be left in for forty days. Several of the pilgrims wore a handkerchief tied over the mouth, they being under a vow of silence. One poor man wore the regular instrument of silence, the mouth-lock (a wide silver band over the mouth, the ends reaching over the cheeks, a skewer through both cheeks keeping the ends together * and, of course, the mouth open); and he sat patiently in a nice tent-like affair, about 3 feet high. People fed him with milk, &c., but he made no effort to procure food, relying merely on what was given him.

Pilgrims generally go in crowds under charge of a priestly guide, one who, having made a certain number of journeys to the shrine, wears a peculiar sash and other gear. They call themselves pujâris, and are quite *au fait* with all the ceremonial prior to the journey as well as with the exigencies of the road. As I stood there, one of these pujâris stood up amidst the recumbent crowd. He raised his hands towards the temple a little to the west, then spread out his hands as if invoking a blessing on the people around him. Full of religious fervour he was (apparently at any rate) unconscious of all but the spiritual need of his flock.

The use of the mouth-lock is common with the Nâyars when they assume the pilgrims' robes and set out for Palni, and I have often seen many of them garbed and mouth-locked going off on a pilgrimage to that place.

Brief mention must be made of the festival held at Kodungallûr in the northernmost corner of the Cochin State, along the coast, as it possesses some strange features peculiar to Malabar and is much frequented by the Nâyars. Kodungallûr is near Cranganore, the old Dutch Settlement, where was, probably, the Musiris of the Greeks. Tiruvangaikalam, close by, will probably turn out to be the long lost site of the capital of the Chêra kingdom. I have been disappointed in obtaining particulars

* The mouth-lock is not peculiar to Malabar. A description of this form of vow in another part of the Presidency was made by me in the "Journal of the Anthropological Society of Bombay," Vol. II, No. 2 (1890).

performance. As he ran, every now and then he cut his forehead with the strange misshapen sword, pressing it against the skin and sawing (vertically) up and down. The blood streamed all over his face. Presently he became wilder and wilder, and whizzed round the lamp, bending forward towards the kalasam. Evidently some deity, some spirit, was present here, and spoke through the mouth of the Velichchappâd. This, I think, undoubtedly represents the belief of all who were present. When he had done whizzing round the kalasam, he soon became a normal being and stood before my camera. The fee for this self-inflicted laceration is one rupee and some odds and ends of rice, etc. I saw the Velichchappâd about three days afterwards going to perform elsewhere. The wound on his forehead had healed! The careful observer can always identify a Velichchappâd by the triangular-like patch over the forehead where the hair will not grow, and where the skin is somewhat indurated. The Velichchappâds seem to get used to cutting their foreheads as the eels to skinning.

We shall find the oracle again when we come to the lower races. I have seen a fine demonstration of it amongst the Paniyans of Wynâd when engaged in a regular corrobboree. An extremely interesting example of this combination of this phase of the lower Dravidian cult which is in no way Hindu, with the Brâhmanic religion, is to be seen at Mailâr in the Bellary district. There the oracle is bound up with a story about Rishis and Asuras, an incarnation of Siva and Pârvati, and many thousands assemble yearly to hear the oracle delivered by a man on the top of a huge affair representing Siva's bow, speaking the words of the god.

Before concluding the subject of religion, allusion must be made to the worship of ancestors. Cremation of the dead, as in the case of the Nambûtiris, is done in the garden or compound surrounding the Taravâd house, in the south or south-west corner of it; so the Nâyar has the ashes and spirits of his ancestors with him always. We have seen already how that pacification of the spirits of those who have passed from view, and who are in the land of the shades, pervade the lives of the living. They are worshipped every new moon day, but especially on the new moon of Karkitakam,* of Tulâm and of Kumbham

* The names of the Malayali months have been given already—see Nambûtiris (Bulletin, Vol. III, No. 2).

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll Nayar

764 [564] soon as death has taken place in a house, and on his arrival undertakes the general management of the ceremonies.

After the corpse is tied and laid on the plantain leaves, a ceremony called *Para Nirathuka* takes place. (*Para* is a measure of paddy, and *Nirathuka* means to place in line.) A coconut-oil lamp is lit and placed at the head of the corpse and immediately in front of it are placed three *paras* of rice. The significance of this ceremony is unknown to me.

766 *Ceremonies of Cremation.*—If the deceased is the eldest of a family the body is now cremated. A pyre is made of mango wood, and the corpse is placed with its head towards the south (the god of death, according to the Hindu mythology, resides in the south), and then covered with fuel. The nephew or younger brother lights the fire. Then all the members of the family and all others who have been polluted by contact with them go and bathe in the tank. During the process of burning there is a process called *Kumba pradikshanam*—which is manifestly an Aryan custom (*Kumbham* and *Pradikshanam* are two Sanskrit words: the first means a pot, and the second means to walk round). The ceremony, as its name implies, consists of walking round the pyre with a pitcher, the bottom of which is pierced. One of the family fills this pitcher with water and carries it three times round the burning corpse, dashing it on the ground at the end.

765 Two or three members of the family continue to perform funeral rites for the next fourteen days. As I have not taken part in it I do not possess first-hand knowledge.

765 783 [564] For all the fourteen days, all the members of the family are under pollution. The pollution, in the case of death, is very strong. All the members of the family are untouchable, and any Nāyar who touches them must purify himself by a bath. On the fourteenth day is the purificatory ceremony. The *Mārān* comes in the morning and gives everyone some oil. After smearing the body with these everyone goes and bathes, and comes back clad in white. The *Mārān* then sprinkles holy water, and a Brahmin priest purifies the house. There is generally a big feast for two days.

765 526 The feast on the fifteenth day is accompanied by some sports. All the men of the neighbouring villages come for it, and there is great *tamasha*. How far this could be identified with funeral sports elsewhere it is hard to say.

785 782 765 [529] After these feastings one of the family undertakes a *Dīksha* (which means a vow) for forty-one[1] days or a whole year. During this time, the man who undertakes the *Diksha* lives apart with a Brahmin. He is not allowed to talk to or see a woman. He must not cut his hair or his nails. He must bathe twice a day in the river, or in the tank, and lead a pure and pious life. If it is only for forty-one days, there is not much feasting at the end of it. If it goes on for a full year, there is a huge celebration,

[1] All ordinary vows are taken for forty-one days. If you want to placate a deity you pray to him for forty-one days. If you want to make a big sacrifice it extends to forty-one days, etc.

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with all kind of sports.[1] The family, which is supposed to have been in mourning during the whole period, goes back to its normal life.

M. Van Gennep considers the state of mourning as "Un état de marge pour les survivants, dans lequel ils entrent des rites de séparation, et d'où ils sortent par des rites de réintegration dans la société général (rites de levée du deuil)."[2] With regard to the first fourteen days in particular, a Nāyar family in mourning constitutes a special society. During this period, and to a certain extent to the period till the final rites (forty-one days, or one year) social life is suspended. The ceremony at the end of the year is then a *rite de réintegration*.

VI.—RELIGION AND MAGIC AMONG THE NĀYARS.

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The religious beliefs of the Nāyars show an extraordinary mixture of Hindu and Dravidian cults. All the temples are dedicated to Krishna, Siva, or Kartyayani. There are also a few *kavus*, or groves, for the worship of the lesser Hindu deities. But the important point with regard to this is that the Nāyars are, as a whole, a people almost without a religion,[3] and they use Hindu temples for practices which receive no sanction even in the generous vagueness of that creed. The religious conceptions of Hinduism have but the slightest influence on the Nāyar community as a whole. It is quite true that there are a good many devout Hindus among the Nāyars, but the very fact that the distinction of Saiva-ism, Sakti-ism, Vaishnava-ism, etc., have not reached them, is sufficient proof that, though they have been Hinduised in form and have belonged to the Hindu fold, their primitive beliefs have survived to a great extent.

Nothing shows so much the extreme persistence of primitive culture, even in the face of higher civilising agencies, than the wide and almost universal acceptance of spirit-worship, and the almost entire absence of religious life among the Nāyars after at least twenty centuries of contact with Hinduism. Their contact with religions has not been limited indeed to Hinduism. The Jews, flying after the destruction of their Temple, found refuge among the Nāyars, and have lived in their midst for nigh two thousand years. The Apostle St. Thomas is supposed to have planted a community of Syrian Christians among them, who also have lived side by side with the Nāyars as their social inferiors in Malabar for almost the same length of time. Ever since Mohamed founded his religion in Arabia, Allah has found faithful worshippers in Malabar who moved with equal status among the Nāyar population. The beautiful creed of Gautama Buddha had for long its devout votaries in the land of the Nāyars, and traces of Buddhist monasteries and survivals of Buddhist worship still

[1] There is a story about a poet who enjoyed this celebration very much and said to the master of the house, "I hope there will be one like this here every year."

[2] *Rites de Passage*, p. 211.

[3] See the discussion following.

9:Iyer E-4, 5 (ca. 1902-1906)1912
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the malignant propensities of those spirits. The most popular of the festivals is the *Mandalam*, which begins on the first of Vrischigam (middle of November) and lasts for forty-one days. In addition to the daily *pújas* to the image of Bhagavati by Brahman priests, special rites and ceremonies (*Kúlamezhuthum Páttum*) are also performed by a particular class of Sudras to the figure of the goddess made on the floor by means of coloured powders, while the devotees sing songs in her praise to the accompaniment of lute-like musical instruments. A man in a fantastic dress with an array of jingling bells round his loins, heavy sounding bell-metal anklets on each foot and a scythe-shaped sword in his hand impersonates the goddess and dances to the sound of tom-toms round the figure of the goddess Bhadrakáli on the floor. The *Velichapád*, as he is called, becomes highly excited and in his frenzy sometimes even cuts his forehead and causes it to bleed. He speaks, or rather the deity speaks through him, in broken yet commanding tones wholly unlike his own and makes oracular responses to the enquiries addressed to him.

On a night in the latter part of the month of Dhanu (early in January), a golden image of the goddess is placed on the back of a big decorated elephant, and, amidst the beating of drums, the firing of pop-guns and crackers, is taken out in procession. The elephant with the goddess is supported on each side by elephants whose numbers vary according to the means of the villagers. The *Velichapád* is indispensable and is accompanied by a group of well-dressed women and girls, each carrying in her hand a plate (*tálam*) full of rice and a light placed on the top of it. The festival ends with a display of fire-works, and the ceremony closes with the sacrifice of goats or fowls. On the same principle but on different lines are celebrated various propitiatory and sacrificial festivals in honour of the other aforesaid deities. Generally, after the harvests, the *Velichapáds* are taken out in procession to the Hindu houses in each village to receive offerings of a measure of paddy and small coins.

Sásta or *Ayyappan*.—According to Keralólpathi, Parasurama with the object of protecting the newly created country (Kérala) is said to have established many temples and dedicated them to this deity. The most important of these is at Sabarimala in the Chengannur Taluk of Travancore, which

13:Thurston & Rangachari E-4, 5 (no date) 1909
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inconceivably desolate and dreary; but during the month Edavam (May-June) upwards of 50,000 Nāyars and Tiyans from all parts of Malabar throng the shrine for the twenty-eight days of the annual festival. During the rest of the year, the temple is given up to the revels of Siva and Parvati, and the impious Hindu who dares to intrude is consumed instantly to ashes. The two great ceremonies are the Neyyāttam and the Elanīrāttam, the pouring of ghee (clarified butter) and the pouring of the milk of the green cocoanut. The former is performed by the Nāyars, who attend the festival first, and the latter by Tiyans. In May, all roads lead to Kottiyūr, and towards the middle of the month the ghee pourers, as the Nāyar pilgrims are called, who have spent the previous four weeks in fasting and purificatory rites, assemble in small shrines subordinate to the Kottiyūr temple. Thence, clad in white, and bearing each upon his head a pot of ghee, they set forth in large bodies headed by a leader. At Manattana the pilgrims from all parts of Malabar meet, and thence to Kottiyūr the procession is unbroken. However long their journey, the pilgrims must eat only once, and the more filthy their language, the more orthodox is their conduct. As many as five thousand pots of ghee are poured over the lingam every year. After the Neyyāttam ceremony, the Nāyars depart, and it is the turn of the Tiyans. Their preparations are similar to those of the Nāyars, and their language *en route* is even more startling. Eruvatti near Kadirūr is the place where most of them assemble for their pilgrimage, and their green cocoanuts are presented gratis by the country people as an offering to the temple. The Elanīrāttam ceremony begins at midnight, and the pilgrims heap up their cocoanuts in front of the shrine continuously till the evening of the

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is in this respect little if any difference. It was at Guruvayūr in November, 1895. On a high raised platform under a peepul tree were a number of people under vows, bound for Palni. A boy of 14 had suffered as a child from epilepsy, and seven years ago his father vowed on his behalf that, if he were cured, he would make the pilgrimage to Palni. He wore a string of beads round his neck, and a like string on his right arm. These were in some way connected with the vow. His head was bent, and he sat motionless under his kāvadi, leaning on the bar, which, when he carried it, rested on his shoulder. He could not go to Palni until it was revealed to him in a dream when he was to start. He had waited for this dream seven years, subsisting on roots (yams, etc.), and milk—no rice. Now he had had the long-looked-for dream, and was about to start. Another pilgrim was a man wearing an oval band of silver over the lower portion of the forehead, almost covering his eyes; his tongue protruding beyond the teeth, and kept in position by a silver skewer through it. The skewer was put in the day before, and was to be left in for forty days. He had been fasting for two years. He was much under the influence of his god, and whacking incessantly at a drum in delirious excitement. Several of the pilgrims had a handkerchief tied over the mouth, they being under a vow of silence. One poor man wore the regular instrument of silence, the mouth-lock—a wide silver band over the mouth, and a skewer piercing both cheeks. He sat patiently in a nice tent-like affair, about three feet high. People fed him with milk, etc., and he made no effort to procure food, relying merely on what was given him. The use of the mouth-lock is common with the Nāyars when they assume the pilgrim's robes and set out for Palni;

796 788 [785] and I have often seen many of them garbed and mouth-locked, going off on a pilgrimage to that place. Pilgrims generally go in crowds under charge of a priestly guide, one who, having made a certain number of journeys to the shrine, wears a peculiar sash and other gear. They call themselves pūjāris, and are quite *au fait* with all the ceremonial prior to the journey, as well as with the exigencies of the road. As I stood there, one of these pūjāris stood up amidst the recumbent crowd. He raised his hands towards the temple a little to the west, and then spread out his hands as if invoking a blessing on the people around him. Full of religious fervour, he was (apparently at any rate) unconscious of all but the spiritual need of his flock.

796 788 184 "Brief mention must be made of the festival held at Kodungallūr near Cranganore in the northernmost corner of the Cochin State, as it possesses some strange features peculiar to Malabar, and is much frequented by the Nāyars. I have been disappointed in obtaining particulars of the festival, so make the following excerpt from Logan's Manual of Malabar. 'It takes the people in great crowds from their homes. The whole country near the lines of march rings with the shouts "Nada-a Nada-a" of the pilgrims to the favourite shrine. Of what takes place when the pilgrims reach this spot perhaps the less said the better. In their passage up to the shrine, the cry of "Nada-a Nada-a" (march, march away) is varied by terms of unmeasured abuse levelled [195] at the goddess (a Bhagavati) of the shrine. This abusive language is supposed to be acceptable to her. On arrival at the shrine, they desecrate it in every conceivable way, believing that this too is acceptable; they throw stones and filth, howling volleys of